

Effective March 20th, mild COVID-19 cases exempt from isolation, moderate and severe cases will be required to report.

Measures	Description
0+n	<p>10 days of self-health management, no need to report to the AIS.</p> <ul style="list-style-type: none"> ➤ Individuals can end their self-health management period if they test negative on a rapid test or when 10 days have passed since the onset of their symptoms or the date of their positive test.
Self-health Management Important Notices	<ul style="list-style-type: none"> ➤ From onset to next five days, individuals are required to stay home to do self-health management. If they test negative on a rapid test, early return is permitted. Individuals with symptoms: rest at home and avoid going out unless necessary. Individuals with no symptoms or symptoms improve (fever has dissipated for at least one day): they can go out. ➤ <u>Wear a mask at all times when going out.</u> ➤ Do not engage in gatherings or activities that require close contacts, such as dining together, meetings, or public gatherings.
Housing	<ul style="list-style-type: none"> ➤ From onset to next five days, individuals are required to stay home to do self-health management. If they test negative on a rapid test, early return is permitted. Foreign students of NTHU who do not have a residence outside of campus, please contact the Division of Health Service 03-5743000 (weekdays 8:00-17:00) or Student Assistance Division 03-5711814 (nighttime/weekends) for accommodation assistance. ➤ <u>Roommates of the COVID-19 case can stay at their original dorm room and perform self-health monitoring,</u> maintain good hygiene by wearing masks at all times, washing hands frequently, etc. If they experience uncomfortable symptoms, such as fever, do not go to classes or work. Please perform rapid test and go to the doctor. If tested positive, they should return home for 0+n days of self-health management.
Course Arrangement and Student Attendance	<ul style="list-style-type: none"> ➤ Individuals with COVID-19 who have mild or no symptoms: 0 and 0+5 days of self-health management will be implemented at home, do not go to classes. You can return to classes early, if you test negative for COVID-19. Take a photo of the positive test by yourself (write the date, time and name) to ask the teacher for sick leave. Sick leave within 0+5 days will not be included in the absence record. After the 6th day, individuals who are still test positive and have symptoms, if you seek

	<p>medical treatment and obtain a doctor's certificate, follow the above-mentioned procedure of sick leave.</p> <ul style="list-style-type: none"> ➤ Individuals with moderate to severe COVID symptoms: According to the number of days specified in the isolation treatment notice, please ask the teacher for "epidemic prevention leave", which will not be included in the absence record. ➤ Taking leave due to the above circumstances will not deduct your school assessment results.
<p style="text-align: center;">Other Important Notices</p>	<ul style="list-style-type: none"> ➤ If you have warning symptoms (see below note 1), please call 119 immediately, or ask friends and family to take you to the hospital. ➤ Individuals with high risk factors for COVID-19 severe case (see below note 2), please seek medical attention immediately after testing positive for COVID-19. ➤ For moderate and severe cases reported by the hospital, please contact the Division of Health Service 03-5743000 (weekdays 8:00-17:00) or Student Assistance Division 03-5711814 (nighttime/weekends) for relevant assistance.

Notes :

1. Gasp or difficulty breathing; continuous chest pain or tightness; unconsciousness; skin, lips or nail bed have blue tinge; unable to eat, drink or take medicine; no urine or significantly reduced urine in the past 24 hours; systolic blood pressure <90mmHg; heart rate >100bpm not under fever circumstance.
2. Individuals with high risk factors for COVID-19 severe case (elderly aged 65 and older, pregnant, chronic condition, immunodeficiency or low immunity medical history).